



Talk in confidence with one of our qualified team members, or access resources for issues that may be affecting you in your personal or academic life.

Access the WebApp: <https://my.healthhero.com>

OR

Download the app
to get started.



Activation code:

Registration code:

Your Student Assistance Programme gives you access to:

Counselling provides a safe place to talk to someone in confidence about a concern in either your personal or academic life. You can call the helpline or book a callback via the HealthHero app or the web app.

Legal Information on a range of issues with housing or tenancy agreements, employment rights for part-time jobs or internships, academic misconduct or disciplinary procedures, legal problems related to alcohol or substance use.

Academic Advisor & Tutor Support with advice for professionals who are assisting students through any difficulties.

Money & Debt from coping with student financial stress and debt to managing money and accessing financial advice. If you want help to regain control and understand your options, call and ask to speak to a money advisor.

Health & Wellbeing information and guidance on themes such as sleep, diet or exercise so you can start to improve your day-to-day wellness.

The service is completely confidential

Confidentiality may only be broken in a situation where you or someone else is in danger.

Debt service Mon-Fri 8am - 8pm; Sat 9am - 3pm

Health & Wellbeing service Mon - Fri 8am - 8pm